

Treating M.S. - In Jody Hallman's Own Words

The following is a client's testimonial, printed with her permission:

I was diagnosed with MS in 2002. I have spent three years with numbness, tingling, difficulty walking and other problems. My mother found an ad for Milena and I started seeing her - it was the best thing I ever did.

She sat down with me for 2 hours or more for my consultation. I spoke with Milena more in that consultation than I have with all my doctors together in the past 4 years. She analyzed everything and came up with a plan for me. I have followed that plan for 9 months now and I feel better than I have in 10 years. No one in my family can believe how well I'm doing.

I remember when I used to cry and how depressing it was because I could relate to 80 year old people more than people my own age (46). My husband and I were talking about getting a handicap toilet seat, we bought a dining room table and chairs that sat high 'cause it was difficult to sit at a regular size table. We had to get a place that was all one floor 'cause I could not go up and down steps. My life was becoming handicapped. I have come so far since then that I could sit here and cry because I feel so good now. From where I came from to where I am now is unbelievable. There is no price for health.

People tell me they don't know how I do it, but, if you really want to live life to the fullest (pain free and full of energy) which I am, you will do it. Personally I like the challenge, it makes me be creative in the kitchen. I have always said, where there is a will there is a way. My way is Milena and I thank my mother and God for her. She has drastically changed my life forever. I thought that the rest of my life would be spent in pain and unable to do simple tasks without having to rest, until I met Milena.

Milena found out I was allergic to dairy, with which I have had stomach problems for many years, and now I have no stomach problems. I was having a lot of pain in my knees and she told me to omit certain foods from my diet and I am pain free. I was going to call my doctor for another knee surgery (I had 5 on my left knee and 1 on my right knee) but now I do not need to. I wish I had met Milena before I had any of those knee surgeries.

I feel like my clock has been turned back to 35 years old. This past week I was running and I never thought I would ever do that again, I could barely walk. It is so unbelievable that I feel like screaming it from the roof top. Thank you!